



Wynyard Medical Centre Newsletter

138 Goldie Street,
Wynyard

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www.wynyardmedical.com.au

Issue 9
September 2022

Mission Statement

Wynyard Medical Centre is committed to providing its patients with a high standard of care for the benefit of each patient's health and well being.

Wynyard Medical Centre is a readily accessible, high quality medical service for all patients, their families and carers. It provides a friendly, caring environment where the contribution of all team members are valued and recognized and the respect for the needs of the individual patient is a priority.



UPDATE to Covid 19 PCR Testing

On 9 August 2022, Department of Health (DoH) COVID-19 testing clinics commenced testing for COVID-19, influenza A, influenza B and Respiratory Syncytial Virus (RSV) as part of the routine PCR testing regime.

From 9 August the state-run PCR test online booking system will identify individuals who may be at higher-risk of severe illness from COVID-19 or influenza and encourage them to contact their General Practitioner (GP) to discuss **antiviral therapy**. Individuals who phone to request a PCR test will be advised to contact their GP if they believe they are eligible for antiviral therapy.

If you are Symptomatic or been a close contact we strongly recommend booking in a test.

Wynyard Medical Centre is primarily a Mixed Billing Practice

The practice may bulk bill patients who are holders of a:

- Pension card
- Health Care card
- Veteran Affairs card
- Or Children under the age of 16.

It is up to the GP's discretion on how consultations will be billed.

A copy of our fees can be found on our website or information can be provided at the front desk.

Open 7 Days a Week

8am to 8pm on
Monday to Friday

&

9am to 12pm on
Saturday and Sunday

No Appointment
required on weekends

**Closed on Public
Holidays only**

**For After Hours
Emergencies**

Call 000

Or GP Assist

1800 022 222

ALZHEIMER'S AWARENESS



World Alzheimer's Day is 21 September; brings together the efforts of all the Alzheimer's organisations to raise awareness about Alzheimer's and dementia.

www.dementia.org.au



The yearly event encourages Australians to ask "Are you ok?" to help address mental health issues both inside and outside of work.

www.ruok.org.au

Use these four steps and have a conversation that could change a life:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in

Our Practitioners

Dr Roland Ark

MBBS (Rgn), MBBS Hons (Tas), FRACGP, Ass Dip Applied Science (Syd)

Dr Zohaib Pervaiz

(MBBS, FRACGP)

Dr Sukanya Selvarajah

MD

Dr Dhanesha Guawadena

(MBBS, FRACGP)

Dr Nimalika Samarbandu

(MBBS, Dip in Family Medicine)



Month is held throughout September and encourages men to get regular prostate checks.

www.prostate.org.au



**Now attends Wynyard Medical Centre
on Tuesdays and Thursdays from 8am
to 12pm.**

A Pathology request form from your GP is all that is required prior to attending a NW Clinic



New Physiotherapist Jayne Grubits

Jayne has spent her physiotherapy career working in regional areas. After completing a new graduate physiotherapy role at Whyalla Hospital and Health Service in South Australia she returned to her home state of Tasmania. She has since worked

as a physiotherapist across various health industries in the private sector. Jayne has clinical experience in general sports and musculoskeletal injuries, disability, ageing and dementia, cancer, pre- and post-operative rehabilitation, neurological rehabilitation, exercise prescription, manual therapy, and clinical Pilates.

Service Day: Tuesday (Fortnightly) at Wynyard Medical Centre

The Allied Health Providers

**That Consult at Wynyard
Medical Centre**

**Ashlee Brient
Dietitian**

Fortnightly on Mondays
appointments made at reception

**Michael O'Donnell
Psychologist**

Bookings through ELPE health
**Steven Hooper
Audiometrist**

Appointments made by Phoning
Stevens rooms

**Georgie Palmer
Pelvic Physiotherapist**

Fortnightly on Fridays
Bookings through ELPE health

**Jayne Grubits
Physiotherapist**

Fortnightly on Tuesdays
Bookings through ELPE health

**Face masks
recommended**



**Please
Wear a
Mask in our
Centre**

This Helps
Keep our
Staff and
Patients

KEEP IT
COVID
SAFE

1800 821 738 | www.wynyardmedical.com.au

Feedback

Your feedback is valuable to us. We have placed a new feedback box in our waiting area. Please feel free to have your say