

# Wynyard Medical Centre www.wynyardmedical.com.au Newsletter

138 Goldie Street, Wynyard Ph: 03 6442 2201|Fax: 03 6442 4222

> Issue 10 October 2022



# Mission Statement



Wynyard Medical Centre is committed to providing its patients with a high standard of care for the benefit of each patient's health and well being.

Wynyard Medical Centre is a readily accessible, high quality medical service for all patients, their families and carers. It provides a friendly, caring environment where the contribution of all team members are valued and recognized and the respect for the needs of the individual patient is a priority.



**Awareness** 

Month



October, Australia's Breast Cancer Awareness Month. provides an opportunity for us all to focus on breast cancer and its impact on those affected by the disease in our community.

Breast cancer remains the most common cancer among Australian women (excluding non-melanoma skin cancer).

# TASMANIA

Mental Health Week is part of a national mental health promotion campaign held in October each year, and incorporates World Health Day, held globa on 10 October. The purpose of Mental Health Day, held globally this awareness week is to engage communities in activities that promote mental health and wellbeing and also increase understanding and reduce stigma about mental illness, and how it impacts on the lives of people in our community.

8-16 October

Mental Health Week in Tasmania this year will be from 8 – 16 October. The theme for Mental Health Week this year is 'Awareness, Belonging, Connection'

ATAGI recommends COVID-19 vaccination for children aged 6 months to <5 years with severe immunocompromise, disability, and those who have complex and/or multiple health conditions which increase the risk of severe COVID-19. These include children with the following or similar conditions:

- o Severe primary or secondary immunodeficiency, including those undergoing treatment for cancer, or on immunosuppressive treatments as listed in the ATAGI advice on 3rd primary doses of COVID-19 vaccine in individuals who are severely immunocompromised;
- o Bone marrow or stem cell transplant, or chimeric antigen T-cell (CAR-T) therapy
- Complex congenital cardiac disease:
- Structural airway anomalies or chronic lung disease:
- Type 1 diabetes mellitus:
- Chronic neurological or neuromuscular conditions; or
- o A disability that requires frequent assistance with activities of daily living, such as severe cerebral palsy or Down Syndrome (Trisomy 21).

### Wynyard Medical Centre is primarily a **Mixed Billing Practice**

The practice may bulk bill patients who are holders of a:

- Pension card
- Health Care card
- Veteran Affairs card
- Or Children under the age of 16.

It is up to the GP's discretion on how consultations will be billed.

A copy of our fees can be found on our website or information can be provided at the front desk.



### **New Relaxation Massage Therapist Emily Hanson**

Emily has recently qualified as a Relaxation Massage Therapist and is further studying deep tissue and remedial massage therapy at Evolve College in Launceston. Emily has a keen interest in pain

relief as well as assisting with stress and anxiety

management. Emily is still undergoing study in this field and will be fully qualified as a Remedial Massage Therapist in November 2022. She is also very interested in the lymphatic system and will be looking to engage in further lymphatic drainage training towards the end of the year.

### **Book your Covid** and Flu **Vaccines Today**



Don't forget to book your appointment today speak to our staff at reception

### **Feedback**

Your feedback is valuable to us. We have placed a feedback box in our waiting area. Please feel free to



# The Allied Health **Providers**

That Consult at Wynyard **Medical Centre** 

### **Ashlee Brient** Dietitian

Fortnightly on Mondays appointments made at reception

### Michael O'Donnell **Psychologist**

Bookings through ELPE health

### Steven Hooper **Audiometrist**

Appointments made by Phoning Stevens rooms

### Georgie Palmer Pelvic Physiotherapist

Fortnightly on Fridays Bookings through ELPE health

## Jayne Grubits

**Physiotherapist** Fortnightly on Tuesdays Bookings through ELPE health

### Open 7 Days a Week

8am to 8pm on Monday to Friday

&

9am to 12pm on Saturday and Sunday

No Appointment required on weekends

> Closed on Public Holidays only

For After Hours **Emergencies** 

**Call 000** 

Or GP Assist 1800 022 222

### **Our Practitioners**

Dr Roland Ark

MBBS (Rgn), MBBS Hons (Tas), FRACGP, Ass Dip Applied Science (Syd)

Dr Zohaib Pervaiz

(MBBS, FRACGP)

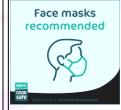
Dr Sukanya Selvarajah

Dr Dhanesha Guawadena

(MBBS, FRACGP)

Dr Nimalika Samarbandu

(MBBS, Dip in Family Medicine)



Please Wear a Mask in our Centre

This Helps Keep our Staff and Patients safe.





Now attends Wynyard Medical Centre on Tuesdays and Thursdays from 8am to 12pm.

A Pathology request form from your GP is all that is required prior to attending a NW Clinic