



# Wynyard Medical Centre

## Newsletter

**138 Goldie Street,  
Wynyard**  
Ph: 03 6442 2201 | Fax: 03 6442 4222  
[www.wynyardmedical.com.au](http://www.wynyardmedical.com.au)

**Issue 7  
July 2022**

### Mission Statement

Wynyard Medical Centre is committed to providing its patients with a high standard of care for the benefit of each patient's health and well being.  
Wynyard Medical Centre is a readily accessible, high quality medical service for all patients, their families and carers. It provides a friendly, caring environment where the contribution of all team members are valued and recognized and the respect for the needs of the individual patient is a priority.

### Open 7 Days a Week

8am to 8pm on  
Monday to Friday  
&  
9am to 12pm on  
Saturday and Sunday

No Appointment  
required on weekends

**Closed on Public  
Holidays only**

**For After Hours  
Emergencies**

**Call 000  
Or GP Assist  
1800 022 222**

### Wynyard Medical Centre is primarily a mixed billing practice

The practice may bulk bill patients who are holders of a:

- Pension card
- Health Care card
- Veteran Affairs card
- Or Children under the age of 16.

**It is up to the GP's discretion on how consultations will be billed.**

A copy of our fees can be found on our website or information can be provided at the front desk.

### Free Flu Vaccine

For All Tasmanians aged from 6 months and above.

In line with the Tasmanian Government winter program objective of maximising flu vaccination this winter.

Wynyard Medical centre will be providing **FREE flu vaccines** for Tasmanians aged from 6 months and above, until **July 31st 2022** as per the Tasmanian Government's recent announcement.

Please contact Wynyard Medical Centre on 6442 2201 to arrange your free vaccine appointment.

**Don't miss out on this one off opportunity.**

### COVID-19 Vaccine Update



### Covid-19 Winter Dose

ATAGI has updated its recommendations for a winter dose of COVID-19 vaccine to help reduce severe disease from the emerging surge of Omicron BA.4 and BA.5 subvariant infections, and to reduce the burden on Australian hospitals and the healthcare system in coming months. The updated recommendations are:

- Adults aged 50 to 64 years are now recommended to receive a Winter booster dose of a COVID-19 vaccine.
- Adults aged 30 to 49 years can receive a Winter booster dose of a COVID-19 vaccine, however the benefit for people in this age group is less certain.
- **The interval recommended between a recent SARS-CoV-2 infection or the first booster dose and a Winter booster dose is now 3 months.**

**ATAGI emphasises** that people previously eligible for a Winter booster dose remain at higher risk of severe disease and death from COVID-19 and should receive a Winter Booster dose as soon as possible.

### This month is....

### Dry July

Dry July is a not-for-profit organisation aimed at improving the lives of adults living with cancer. Giving up alcohol for the month of July is a good way to raise awareness of individual drinking habits and the importance of a healthy, balanced diet and lifestyle.

[www.au.dryjuly.com](http://www.au.dryjuly.com)



**National Diabetes Week  
runs from 10 – 16 July, 2022**

For National Diabetes Week 2022, Diabetes Australia is spreading awareness about the impact of diabetes-related foot disease, and how you can help understand and support a loved one at-risk of developing or living with diabetes-related foot disease.

### The Allied Health Providers

**That Consult at Wynyard  
Medical Centre**

**Daniel Reeves**  
Physiotherapist

**Ashlee Briant**  
Dietitian

**Michael O'Donnell**  
Psychologist

**Steven Hooper**  
Audiometrist

**Georgie Palmer**  
Pelvic Physiotherapist

### Feedback

Your feedback is valuable to us. We have placed a new feedback box in our waiting area. Please feel free to have your say



Now attends Wynyard Medical Centre on

**Tuesdays and Thursdays from  
8am to 12pm.**

A Pathology request form from your GP is all that is required prior to attending a NW Pathology Clinic

### Senior Vaccinations and Health Checks

70 year old (Catch Up 70-79 year old patients)

Shingles Vaccination

Pneumonia Vaccination

75+ Annual Health Check

**Book your appointment  
today.**

### Our Practitioners

**Dr Roland Ark**

MBBS (Rgn), MBBS Hons (Tas), FRACGP, Ass Dip Applied Science (Syd)

**Dr Zohaib Pervaiz**

(MBBS, FRACGP)

**Dr Sukanya Selvarajah**

MD

**Dr Dhanesha Guawadena**

(MBBS, FRACGP)

**Dr Nimalika Samarbandu**

(MBBS, Dip in Family Medicine)

### Covid RAT tests

**RAT** tests are available here for our patients who present with flu like symptoms.

If you have an appointment with your doctor and are concerned you may be covid positive Please ask for a **RAT**.

### Covid 19 PCR Testing

Testing is available by appointment only, please call reception to arrange a time.

You will be asked to drive through the car park at the rear of surgery.

Please call reception on arrival and one of our nurses will come to you in your vehicle to perform the test.